Leading Inclusive Physical Activities Level 2

Transcend Award - 2 Day Programme

EDUCATION WISE

OVERVIEW

The Transcend Level 2 Award in Leading Inclusive Physical Activities in Modified Multi Sports is designed for individuals looking to lead safe and engaging physical activity sessions across a wide range of participants. This qualification supports roles in schools, community settings and commercial leisure environments, providing learners with the skills to promote inclusivity in sport and physical activity.

Delivered fully face-to-face over a two-day programme by Educationwise, learners gain practical experience and hands-on skills while developing the confidence to lead inclusive physical activity sessions. The course is structured to support beginners and those entering activity leadership roles, with a strong focus on accessibility, engagement, and adapting activities to meet the needs of all participants.

Key Features

- Develops the skills to lead safe and inclusive physical activity sessions across different environments
- Builds understanding of inclusion strategies such as the Inclusion Spectrum and STEP model
- Strengthens confidence in planning and delivering engaging multi-sport activities
- Focuses on adapting activities to meet the needs of diverse groups and abilities
- Supports communication, leadership, and professional practice in activity delivery
- Delivered over two intensive days with interactive, practical tutor-led learning
- Progression into wider sport, coaching, and physical activity leadership qualifications

The following three units must be completed for the full qualification

Module	Topic
1	Duties of an inclusive physical activity leader
2	Driving engagement as an inclusive physical activity leader
3	Deployment expectations of an inclusive physical activity leader

Leading Inclusive Physical Activities Level 2

Transcend Award - 2 Day Programme

EDUCATION WISE

ABOUT THE COURSE

What you will learn

- The role, responsibilities, and professional boundaries of an inclusive activity leader
- How to deliver safe, inclusive, and engaging physical activity sessions
- Participant rights, safeguarding, and relevant legislation requirements
- Creating positive environments that encourage participation and wellbeing
- Leadership and communication skills for engaging diverse groups
- Adapting activities using the Inclusion Spectrum and STEP model
- Collecting and using participant feedback to improve delivery
- Planning, delivering, adapting, and reviewing inclusive multi-sport activities

Cost: £300 - A one-time payment covers the full cost of the course and all learning materials.

Progression

Completion of this qualification can lead to:

- Progression into coaching, sport leadership, or physical activity development qualifications
- Roles supporting inclusive sport and physical activity in schools, community, and leisure settings
- Opportunities to lead or assist with multi-sport and group activity sessions
- A strong foundation for further study in sport, coaching, and physical activity leadership

Why Choose This Course?

- Fully face-to-face delivery over a short, intensive programme for fast skill development
- Focused on practical skills for leading inclusive physical activity and multi-sport sessions
- Supported by experienced tutors with specialist knowledge in sport and activity leadership
- CIMSPA accredited qualification providing recognised CPD points for professional development
- A strong foundation for progression into coaching, sport leadership, and physical activity roles

Fully face-to-face delivery over a short, intensive programme focused on practical skill development. This CIMSPA accredited qualification provides recognised CPD points and a strong foundation for progression into coaching and physical activity leadership roles.